



Meet Dr. KeriAnne Moon, LCSW
Board Approved Supervisor
kerianne@southaustincounselingservices.com

“Growth is the only evidence of life.” John Henry Newman

Hello there! My name is KeriAnne and I am a social worker and mental health professional at South Austin Counseling Services.

I look forward to listening and growing through genuine attention to your journey through this life. I have provided services in many types of practice settings in the last 15 years as a clinical social worker. These settings include outpatient, school (public and self-contained alternative programs), emergency crisis management, sexual abuse survivor treatment program, child abuse prevention, and teaching undergraduate and graduate social work students.

I provide individual and family therapy in the office or online in a virtual office. Whether we meet in person or through video, the first session will be an assessment. During this session we will discuss what has brought you into see me. We will discuss what is best for you and what you are hoping to discover and learn through the therapeutic process. I will also address safety and crisis situations during this session. The second and third sessions will continue with treatment planning. In my experience it takes three sessions to know if we will be compatible in working together. At that time, we will assess goal direction and objectives for moving forward.

I provide a unique perspective to every situation using individual and/or family therapy. Some therapies that I have found helpful are cognitive behavioral therapy, solution-focused therapy, reflective processing, narrative therapy, Bowenian family therapy, and mindfulness as a practice.

My Areas of Expertise:

- Anxiety disorders
- Depressive disorders
- Stress and coping strategies
- Mind and body connection
- Parenting strategies
- Childhood trauma
- Child and adolescent issues
- Attachment
- Attention and behavioral challenges
- Use of play and art as interventions

Hours/Days available

Tuesdays 3:30pm – 8:30pm

Rates

\$150 Initial Session
\$135 Following Sessions