



Meet Tonja Batt, LPC

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I am licensed as a professional counselor by the Texas Board of Licensed Professional Counselors. I have a Master's degree in Professional Counseling from Texas State University that was completed in May 2012. I have five years of experience responding to people who are feeling overwhelmed and traumatized as a crisis counselor. I have had the opportunity to work extensively and effectively with adults and adolescents who have experienced trauma. Additionally, I have experience working with adolescents and their families who are struggling in many ways, I am passionate about working with adults and teens to help them regain balance, control and connection. Prior to becoming a counselor, I worked more than 10 years in the public service field. I have lived in Texas for 30 years and consider this my home and community. In my free time, I enjoy spending time with my teenage daughter and our family.

Areas of Expertise:

Days/Hours Available

Rates

Anxiety Disorders

Tuesday - 12:30pm – 7:30pm

\$130 Initial Session

Depression

Wednesday - 12:30pm – 7:30pm

\$120 Following Sessions

Grief/Loss

PTSD

OCD

CBT/DBT

Sexual Abuse – Victim/Perpetrator

Suicidality